

HIKING PACKING LIST - WINTER – SNOWSHOE HIKE

1. Mandatory Items

- ID/ Passport
- Winter mountain shoes
- Snow shoes
- Gaiters
- Hiking socks
- Warm / winter hiking clothes
- Warm hat or beanie
- Neck protection: balaclava, scarf or neck gaiter
- Hand gloves
- Spikes / shoe spikes
- Headlamp
- Lightweight backpack (30–35 liters, with adjustable straps)
- Snacks: non-perishable and energy-dense (e.g., dehydrated food, cereal bars)
- Warm tee or water: approx. 1–1,5 liters
- Cash and credit card

2. Optional Items (Based on Preferences & Conditions)

- Sun protection: sunscreen, sunglasses
- Second T-Shirt
- Power bank / spare batteries / phone charger
- Charged mobile phone (with emergency numbers saved)
- Camera and/or binoculars
- Blister plasters
- First aid kit
- Toilet paper / tissues
- Personal medication
- Small rubbish bag (for waste and used wet wipes)

Let me know if you have any questions. It's always better to ask than to head into the mountains unprepared. I'm here to support you so that you feel confident and ready for your adventure!

Don't worry if you don't have your own snowshoes; they can be rented for €20.

You can contact me by message, email, or by calling me directly. See you soon!

Cosmin